



celebrates



Friday, 17th March, 2023 9.30 to 10.30 am.

Venue : Auditorium 2, Hospital block

Programme

- Invocation** : **Mr Renjith P K**
Medical Social Worker, Neurology
- Welcome** : **Dr Kamalesh K Gulia**
Scientist G, Division of Sleep research, BMT wing
- Presidential Address** : **Dr Sanjay Behari,**
Director, SCTIMST.
- Felicitations** : **Dr Sylaja P N**
Professor and Head, Department of Neurology
- Prize distribution** : **Mrs Nirmala MO**
Nursing Superintendent, SCTIMST

Health information talks

- Sleep and brain health** : **Dr Sapna Erat Sreedharan**
Professor, Department of Neurology
- Sleep as a public health problem** : **Dr Raviprasad Varma**
Additional Professor, AMCHSS
- Sleep and heart health** : **Dr Narayanan Namboodiri**
Professor, Department of Cardiology

For better sleep health-flash mob by Nursing students

- Vote of thanks** : **Dr Sapna Erat Sreedharan**

Tea