Comprehensive Centre for Sleep Disorders, Department of Neurology, Sleep Research Lab-BMT Wing, Nursing Division Azadika Amrit Mahotsa Sree Chitra Tirunal Institute for Medical Sciences and Technology, Trivandrum

celebrates



Friday, 17th March, 2023 9.30 to 10.30 am.

Venue: Auditorium 2, Hospital block

Programme

Invocation : Mr Renjith P K

Medical Social Worker, Neurology

Welcome : Dr Kamalesh K Gulia

Scientist G, Division of Sleep research, BMT wing

Presidential Address : Dr Sanjay Behari,

Director, SCTIMST.

Felicitations : Dr Sylaja P N

Professor and Head, Department of Neurology

Mrs Nirmala MO

Prize distribution Nursing Superintendent, SCTIMST

Health information talks

Sleep and brain health : Dr Sapna Erat Sreedharan

Professor, Department of Neurology

Sleep as a public health problem : Dr Raviprasad Varma

Additional Professor, AMCHSS

Sleep and heart health : Dr Narayanan Namboodiri

Professor, Department of Cardiology

For better sleep health-flash mob by Nursing students

Vote of thanks : Dr Sapna Erat Sreedharan

Tea